



The British Fish Craft Championships® 2013

Organised by
**The National
Federation
of Fishmongers**



Road Dahl Plass | Cardiff Bay | Cardiff
Sunday 25th August 2013

Cardiff Harbour Festival

Programme of Events

Get your buckets and spades at the ready because life's a beach at this year's Cardiff Harbour Festival. Cardiff Bay Beach supported by First Choice, will fill Roald Dahl Plas with a giant sandpit, paddling pool, traditional seaside rides and plenty of entertainment for the whole family to enjoy.

Visitors will be able to view some spectacular sailing at close range from around Cardiff's famous waterfront. Not forgetting of course, the British Fish Craft Championships® return to the Bay for a fifth year and spectators will be amazed by the speed, skill and accuracy of Britain's top fishmongers as they compete across a range of categories to win the coveted title of British Fish Craft Champion 2013.

Friday 23rd August Sponsored by NFF

A day of fish preparation demonstrations, industry discussions and fish sales.

Saturday 24th August Sponsored by Tesco

Another day of demonstrations, discussions and fish sales.

Sunday 25th August Sponsored by Young's

Full day of competitions - 12 in all to eventually crown the British Fish Craft Champion of the Year sponsored by Young's. The competition is organised by the National Federation of Fishmongers.

Monday 26th August Sponsored by NFF

Full day of demonstrations, seafood sampling and light hearted competitions. Great fun for all the family!



The British Fish Craft Championships® 2013

Organised by
The National Federation of Fishmongers



The NFF British Fish Craft Championships® 2013 will be held at Roald Dahl Plass, Cardiff Bay, Cardiff on Sunday 25th August 2013 and is open to anyone involved in the fish, poultry or game trade.

Registration is open at 8.30am. **All entry forms must be received by 9th August 2013, no entries will be accepted on competition day. Competitions start at 9.00am.**

The competitions will test the skills that are necessary in the preparation of fish and poultry in readiness for use by the final consumer. Those skills normally provided free of charge by fishmongers when selling fish to the general public. The judges are all experienced fishmongers, drawn from all parts of the country. While naturally taking into account regional variations, they will award points for performance, presentation, hygiene and general appearance.

Tasks must be completed in strict order. Competitors must wear a clean coat, shirt, tie and hat and abide by the current Food Hygiene Regulations. No jewellery to be worn unless taped. All knives must be covered and kept in the changing rooms when not in use – preferably in a locked case.

All competitions are stand alone – but to compete for the British Fish Craft Champion competitors will have to enter FIVE competitions of their choice out of the eight - A to H. You are also welcome to enter the The Saucy Fish Company Portion Cut and the Morrison's Collage Competition but they will not be included in your Craft Championship points.

Big Prawn Company Shellfish Championship 2013

Open to anyone in the fish trade who prepares fish for retail, catering or processing trade. An ideal opportunity to show off your shellfish preparation skills.

	MAX POINTS
Time allowance 10 minutes	
1 Prepare three scallops and present in half shell	20
2 Open 6 oysters	20
3 Peel six king prawns leaving the head and tail fin on	20
4 Dress a lobster	20
5 Display all produce on a tray using garnish provided	20
Time and tidy bonus	20

Maximum total points 120

1st Prize

The Big Prawn Company Shellfish Trophy

to keep and **£100** in prize money plus N.F.F. Diploma.

2nd £75 • 3rd £50 • 4th £20



This Competition is kindly sponsored by
Big Prawn Company
www.bigprawn.com

Scottish Salmon Championship 2013

Open to anyone in the fish trade who prepares fish for retail, catering or processing trade. An ideal opportunity to show off your skills in the preparation of Scottish Salmon - all kindly provided by Marine Harvest Scotland.

	MAX POINTS
Time allowance 10 minutes	
1 Fillet then pinbone a Scottish Salmon	20
2 Skin the fillets produced	20
3 Portion one of the fillets produced into equal size portions	20
4 Steak a 2nd Scottish Salmon and prepare tail ready for the bbq	20
5 Display all produce on a tray using garnish provided	20
Time and tidy bonus	20

Maximum total points 120

1st Prize

The Scottish Salmon Trophy

to keep and **£100** in prize money plus N.F.F. Diploma.

2nd £75 • 3rd £50 • 4th £20



This Competition is kindly sponsored by
Scottish Salmon Producers Organisation
www.scottishsalmon.co.uk

National Poultry Championship 2013

Open to anyone in the fish or butchery trade who prepares poultry for the retail or catering sectors. An ideal opportunity to show off the diversity of skills at your independent fishmonger or butcher.

	MAX POINTS
Time allowance 12 minutes	
1 Joint a duck into supremes skin on wingbone in and legs - skin on, bone in	20
2 Joint a cornfed chicken into 9 pieces K.F.C. style	20
3 Joint and trim a rabbit in preparation for a casserole	20
4 Bone a quail leaving leg bones intact	20
5 Prepare a guinea fowl into a crown and trim legs ready for grilling	20
Time and tidy bonus	20

Maximum total points 120

1st Prize

The National Poultry Trophy

to keep and **£100** in prize money plus N.F.F. Diploma.

2nd £75 • 3rd £50 • 4th £20



This Competition is kindly sponsored by
The Worshipful Company of Poulterers
www.poulterers.org.uk

Falfish Fishmongers Championship 2013

Open to anyone in the fish trade who prepares fish for retail, catering or processing trade. An ideal opportunity to show off your skills as an overall fishmonger.

	MAX POINTS
Time allowance 12 minutes	
1 Skin a flat fish both sides then head off and trim	20
2 Canoe a seabass leaving head on	20
3 Skin then fillet a gurnard	20
4 Pocket a lemon sole	20
5 Display all produce on a tray using garnish provided	20
Time and tidy bonus	20

Maximum total points 120

1st Prize

The Falfish Fishmongers Trophy

to keep and **£100** in prize money plus N.F.F. Diploma.

2nd £75 • 3rd £50 • 4th £20



This Competition is kindly sponsored by
Falfish
www.falfish.com

Dawnfresh Trout Championship 2013

Open to anyone in the fish trade who prepares fish for retail, catering or processing trade. These sea grown rainbow trout are reared in brackish water - giving a unique flavour. Reared without the use of pesticide and kindly provided by Dawnfresh.

	MAX POINTS
Time allowance 10 minutes	
1 Canoe a Dawnfresh trout	20
2 Butterfly fillet a Dawnfresh trout	20
3 Clean a large Dawnfresh trout	20
removing the head and cutting off the tail - to prepare for baking	
4 Fillet the remaining top part of the fish	20
to produce two fillets which must be pinboned	
5 Display all produce on a tray using garnish provided	20
Time and tidy bonus	20

Maximum total points 120

1st Prize

The Dawnfresh Trout Trophy

to keep and **£100** in prize money plus N.F.F. Diploma.

2nd £75 • 3rd £50 • 4th £20



This Competition is kindly sponsored by
Dawnfresh
www.dawnfresh.co.uk

Marine Harvest Halibut Championship 2013

Open to anyone in the fish trade who prepares fish for retail or catering trade. All halibut is farmed and kindly provided by Marine Harvest.

	MAX POINTS
Time allowance 10 minutes	
1 Head, fin and trim a 3-5kg Marine Harvest halibut	20
2 Bloodline the same halibut	20
3 Produce 10 steaks from the same fish	20
4 Fillet the remaining halibut	20
and cut into roughly equal sized portions	
5 Display all produce on a tray using garnish provided	20
Time and tidy bonus	20

Maximum total points 120

1st Prize

The Marine Harvest Halibut Trophy

to keep and **£100** in prize money plus N.F.F. Diploma.

2nd £75 • 3rd £50 • 4th £20



This Competition is kindly sponsored by
Marine Harvest
www.marineharvest.com

M&J Seafood MSC Championship 2013

Open to anyone in the fish trade who prepares fish for retail, catering or processing trade. An ideal opportunity to show off your skills using fish that has been certified sustainable by the Marine Stewardship Council (MSC). Fish kindly provided by M&J Seafood.

	MAX POINTS
Time allowance 8 minutes	
1 Fillet a MSC haddock into two fillets	20
2 Head and trim a MSC hake and prepare a double boneless loin joint from the top half of the fish	20
3 Using the tail part of the fish	20
either fillet the tail or prepare it for baking	
4 Butterfly fillet three MSC sardines	20
5 Display all produce on a tray using garnish provided	20
Time and tidy bonus	20

Maximum total points 120

1st Prize

The M&J Seafood MSC Trophy

to keep and **£100** in prize money plus N.F.F. Diploma.

2nd £75 • 3rd £50 • 4th £20



This Competition is kindly sponsored by
M&J Seafood Stewardship Council
www.mjseafoods.com

Sainsbury's 'Switch the Fish' Championship 2013

Open to anyone in the fish trade who prepares fish for retail, catering or processing trade. This competition is designed to show the versatility of a wide range of fish species - not just the most popular!

	MAX POINTS
Time allowance 8 minutes	
1 Single fillet a herring to produce two fillets	20
2 Block fillet a herring to produce one fillet	20
3 Single fillet a coley to produce two fillets	20
4 Fillet a john dory to produce two fillets	20
5 Clean & prepare a squid for baking or stuffing	20
Time and tidy bonus	20

Maximum total points 120

1st Prize

The Sainsbury's 'Switch the Fish' Trophy

to keep and **£100** in prize money plus N.F.F. Diploma.

2nd £75 • 3rd £50 • 4th £20



This Competition is kindly sponsored by
Sainsbury's
www.sainsburys.co.uk

The Saucy Fish Co. Portion Cut Championship 2013

Open to anyone in the fish trade who prepares fish for retail, catering or processing trade. This competition which runs throughout the day, will appeal to those who are confident of cutting accurate portions from a boneless and skinless loin of fish. All fish is kindly provided by Snowden & Co, Cardiff.

- 1 You will be given a piece of farmed salmon, farmed halibut or tuna loin.
- 2 You will then be asked to cut it into 3, 4 or 6 equal sized portions the weight to be cut will be announced by the judge at the start of each round.
- 3 You will only cut the number of portions required by the judge at the start of round, portions then weighed.
- 4 The top four competitors who cut closest to the required weights will go on to the final at the end of the day.

1st Prize

The Saucy Fish Co. Portion Cut Trophy

to keep and £100 in prize money plus N.F.F. Diploma & 120 PTS

2nd £75 & 90 PTS • 3rd £50 & 70 PTS • 4th £20 & 60 PTS • Rest 50 PTS



This Competition is kindly sponsored by

Saucy Fish Company

www.thesaucyfishco.com

Morrisons Fish Collage Championship 2013

Open to anyone wishing to parade their fish display skills. All fish is kindly provided by Trelawney Fish of Newlyn.

Time allowance 10 minutes.

- 1 You will be provided with a box of mixed fish, garnish and ice.
- 2 Each box contains similar species and garnish and you can mount your display on the box or lid. The object is to produce an eye catching display to entice a customer to buy.
- 3 You may prepare the fish if you wish - cut, steak or fillet but you must use all the fish provided in your display.
- 4 No other garnish or other artefacts may be used. The judges decision is final and all fish provided must be used in some way.

1st Prize

The Morrisons Collage Trophy

to keep, £100 in prize money plus N.F.F. Diploma & 120 PTS

2nd £75 - 90 PTS • 3rd £50 - 70 PTS • 4th £20 - 60 PTS • Rest - 50 PT



MORRISONS

TRELAWNEY Fish

This Competition is kindly sponsored by

Morrisons www.morrisons.co.uk

fish kindly supplied by

Trelawney Fish of Newlyn www.cornishfishonline.com

Special Awards

AUTOMATIC FREE ENTRY

The Charlie Caisey Award

Special Prize £100

for the most promising newcomer not to reach the final of the Fish Craft Challenge sponsored by Tesco.

2012 Winner **Mark Gilbert** Morrisons



The Brian Bunkell Award

Unique trophy

to the competitor aged under 21 years, with the highest score in the Fish Craft Challenge sponsored by Tesco.

2012 Winner **George Hooper** Tesco



Best Presented Competitor

Unique trophy

sponsored by

Cardiff Harbour Authority

2012 Winner **Darren Whelan** Channel Fisheries



Top Scoring Independent Competitor

Unique trophy

sponsored by

Snowden & Co

2012 Winner **Mike Crates** E. Ashton & Co



Top Scoring Female Competitor

Unique trophy

sponsored by

E. Ashton & Friends

2012 Winner **Amanda Grieve** Morrisons



Trafalgar Challenge Cup

Trafalgar Fisheries, in recognition of the bi-centenary of the Battle of Trafalgar, has very kindly donated a perpetual challenge cup to be presented to the competitor who scores the highest number of points in any competition out of all of the competitions, including the Fish Craft Challenge.

1st Prize

The Trafalgar Challenge Cup

plus £100 in prize money

This entire Competition is kindly sponsored by

Trafalgar Fisheries

www.trafish.com

TRAFALGAR
Fisheries

Golden Jubilee Perpetual Challenge Cup

To celebrate the Competition's Golden Jubilee, Seafish kindly donated this award which will be awarded to any entrant of any of the competitions, Fish Craft Challenge included, who catches the judges eye. It may be their manner, professionalism, character or personality, the winner need not have excelled in any of the competitions. The judges for this competition will not be involved in judging any of the other competitions and will be in the audience on the lookout for The Golden Jubilee Challenge Cup Winner.

This entire Competition is kindly sponsored by

The Seafish Industry Authority

www.seafish.org.uk

SEAFISH
the authority on seafood

Billingsgate Fishmongers Trophy 2013

This trophy has been kindly sponsored by the City of London and the Merchants of Billingsgate Market. In recognition of the exceptional skills required to be a fishmonger, this trophy will be awarded to the highest accumulated scores in three competitions.

- Big Prawn Shellfish Championship
- Falfish Fishmongers Championship
- Dawnfresh Trout Trophy

1st Prize

The Billingsgate Fishmongers Trophy

to keep, £100 in prize money plus N.F.F. Diploma

2nd £75 • 3rd £50 • 4th £20

This Competition is kindly sponsored by

The City of London

www.cityoflondon.gov.uk

The Merchants of Billingsgate Fish Market

email: info@billingsgate-market.com



NFF Gold Medal

The National Federation of Fishmongers is awarding medals for excellence of skill and craftsmanship. All competitors, including the Fish Craft Challenge sponsored by Morrisons are marked out of 120 points and there are three judges per competition (except the Collage and Portion Cut Competitions).

Each competition therefore has a maximum of 360 achievable points. The NFF Medals will be awarded to any competitor in any of the Competitions including the Fish Craft Challenge sponsored by Morrisons but excluding the Collage and Portion Cut Competitions and are awarded as follows:

- **Bronze Medal**
scores between 180-200 points
- **Silver Medal**
scores between 201-220 points
- **Gold Medal**
scores 221 or more

Medals are awarded to each competitor, so if you enter the maximum of 5 competitions you could end up with 5 medals without actually winning any of the competitions.

Now that is worth entering for...!



Davy Jones Locker Your turn to judge the judges!

Competitors will each be given an identical box of assorted fish and given 15 minutes to prepare the fish in any way they wish to provide an attractive display. This competition - which is open to maximum of six of our NFF Judges is completely separate to the overall fish craft championship.

This entire Competition is kindly sponsored by **Falfish** www.falfish.com





Fish Craft Challenge 2013

An ideal competition for part time workers, beginners or those who have never entered a competition before. This competition is open to anyone, any age and you may enter up to two of the other competitions if you wish. Points will be awarded for skill in preparation as well as clean and tidy workmanship. Tasks to be performed in strict sequence. Every entrant will receive a certificate for competing. You can still enter another two competitions from A to H plus the portion cut and collage competitions.

1st Round

Time allowance 10 minutes

MAX POINTS

1	Skin and fillet a monkfish tail	20
2	Skin then portion a white fish fillet into similar sized portions	20
3	Head and trim a flat fish	20
4	Open and clean a scallop, leave in half shell	20
5	Clean a herring or mackerel, leaving head on	20
	Time and tidy bonus	20

Maximum total points 120

The top eight scorers then go through to the 2nd Round Final

Time allowance 15 minutes

MAX POINTS

1	Clean and steak a whole pollack or coley	20
2	Skin a dover sole, both sides, leaving head on and trim	20
3	Fillet a flat fish into two fillets	20
4	Skin a salmon fillet and cut into similar sized portions	20
5	Display to best effect on a tray provided	20
	Time and tidy bonus	20

Maximum total points 120

1st Prize £100 • 2nd Prize £75 • 3rd Prize £50 • 4th Prize £20

Set of presentation knives to first four places kindly donated by M&J Seafood

This Competition is kindly sponsored by

Tesco

www.tesco.com

Grateful thanks to all our sponsors

without whose generosity this event could not take place

E. Ashton Fishmongers Ltd
 Billingsgate Fish Market
 Chambers Engineering, Dublin
 Cook & Lucas, Grimsby
 Darnell, Grimsby
 Dawnfresh
 Alex Duff, Aberdeen
 Fal Fish
 Fishmongers' Company
 Flatfish
 Foundations
 George Foreman, Scotland
 Grimsby Fish Market
 Grimsby Fish Merchants Association
 Jacks, Fraserborough
 Jaines, Grimsby
 AA Lyons, Billingsgate
 M&J Seafoods, Aylesbury
 Marine Harvest Scotland
 Morrisons
 New England Seafoods, London
 Nortrade Seafoods, Kent
 J. Pieroni & Sons, Ayr
 Quayside Distribution, Grimsby
 Robertson's, Aberdeen
 Worshipful Company of Poulterers
 Sainsbury's
 Scottish Salmon Producers Organisation
 Seafish
 Severn & Wye Smokery
 Snowden & Co., Cardiff
 Tesco
 The City of London
 The Saucy Fish Company
 Tabasco
 Trafalgar Fisheries, Salisbury
 Trelawney Fish, Newlyn
 Young's Seafood, Grimsby

A special thanks to

Cardiff County Council

The Welsh Government

Cardiff Harbour Authority

and the many more helpers and contributors who make this event possible...



The National Federation of Fishmongers Fish Craft Champion™ 2013

Sponsored by



Anyone entering any five of the eight competitions is entered into this competition automatically.

To be eligible for the British Fish Craft Champion competitors may enter any of the competitions (A to H) up to a maximum of five, your aggregate score is then calculated and the competitor who scores the most at the end of the day becomes the NFF British Fish Craft Champion 2013 and wins:

The NFF British Fish Craft Trophy 2013

sponsored by Young's

The Fishmongers' Company Shield

and in recognition of the excellent standard of work the winner has achieved, the Fishmongers' Company are also kindly presenting an engraved tankard

Fishmongers' Company



£250 in prize money



2012 Winner
Gopal Nandy
M&J Seafoods



AUTOMATIC FREE ENTRY

Grateful thanks to all our sponsors

