

# Health & Safety

## Three choices for H&S

The Seafood Training Academy offers three distinct choices when it comes to Health & Safety training for the seafood industry.

### Choice 1: Introductory Health & Safety Training

This REHIS accredited short training course lasts approximately 3 hours and is ideal for most parts of the seafood industry.

Equivalent to a level 1 qualification, it provides the entry level training preferred by most employers who are seeking a formally recognised qualification for staff.

#### Course Content

Introduction to:

- Health & Safety Law
- Risk Assessments
- General Working Environment
- Slips, Trips and Falls
- Hazardous Substances
- Occupational Health
- Machinery and Equipment
- Manual Handling
- Electricity at Work
- Personal Protective Equipment
- Fire
- Accidents and emergencies



- Good Health & Safety makes good sense
- UK H&S legislation requires employers and employees to be suitably trained
- Employers have a responsibility to effectively manage H&S in the workplace and to carry out full and sufficient risk assessments
- Employees have a statutory responsibility for their own safety and well being
- Seafish funding support may be available to seafood businesses for this type of training.

More Information

Contact your nearest Seafood Training Academy Partner or email [academy@seafish.co.uk](mailto:academy@seafish.co.uk)

A Seafood Training Academy  
*Recognised Training Programme*

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## Choice 2: Level 2 Health & Safety or Elementary H&S taught course

This one day course has been specially developed to meet the needs of managers, supervisors and small business owners in the seafood industry.

The course is delivered by Seafish recognised trainers who are approved by:

- CIEH to deliver Level 2 H&S courses;
- REHIS to deliver Elementary H&S Courses.

Each course is followed by a short multiple choice test and successful candidates will receive an appropriate certificate.

### Course Content

The course content is very similar to that of the Introductory H&S course, but it is dealt with in more detail.

### Course Duration

The course has a minimum duration of 6 hrs plus the test.



## Choice 3: Level 2 H&S by open learning

Covering the same course content as the Level 2 taught course and approved by both REHIS and CIEH for their respective qualifications.

Supported by a UK wide network of Seafish-appointed examination invigilators

- UK wide
- Study at your own pace
- Take the test in your own place
- Nationally recognised
- Includes H&S training DVD and detailed workbook.
- Order your pack today!



**Learn Something New Today**